

2011 St. Nick Invite
DeKalb High School, DeKalb, IL
December 10-11, 2011
Saturday, December 10th



Modified Capitol Cup All Day Saturday

Session 1

Saturday

Level 7

Check In	8:00 am
Warm Up	8:30 am
Competition	8:55 am
Awards	11:30 am

All Level 7's

Session 2

Saturday

Level 8

Check In	11:00 am
Warm Up	12:00 pm
Competition	12:20 pm
Awards	2:30 pm

Aerial
 BIG
 GymNasti
 Libertyville
 Spring Hill
 Trinity Gems
 Twistars

Session 3

Saturday

Level 8 & 10

Check In	2:45 pm
Warm Up	3:15 pm
Competition	3:40 pm
Awards	6:00 pm

Level 8
 American Eagle
 Elite Sports
 Energym
 Flying High
 GAR
 Northbrook
 So. Suburban
 Ultimate
 Walworth

All Level 10's

Session 4

Saturday

Level 9

Check In	6:00 pm
Warm Up	6:30 pm
Competition	6:50 pm
Awards	9:15 pm

All Level 9's

2011 St. Nick Invite
DeKalb High School, DeKalb, IL
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Sunday, December 11th

Traditional Format All Day Sunday



<p><u>Session 5A</u> Sunday <u>Level 5</u></p> <p>Check In 8:30 am Warm Up 9:00 am Competition 10:25 am Awards 12:40 pm</p> <p>3D Gymnastics Aerial American Eagle Aurora Turners Elite Sports GAR IGI St. Charles</p>	<p><u>Session 6A</u> Sunday <u>Level 5</u></p> <p>Check In 12:15 pm Warm Up 1:00 pm Competition 2:25 pm Awards 4:40 pm</p> <p>Huntley Libertyville Northbrook Phenom So. Suburban United</p>	<p><u>Session 7A</u> Sunday <u>Level 5</u></p> <p>Check In 4:15 pm Warm Up 5:00 pm Competition 6:25 pm Awards 8:40 pm</p> <p>Dreams Energym Excel Gym Spot GymNasti Spring Hill Twistars</p>
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<p><u>Session 5B</u> Sunday <u>Level 4</u></p> <p>Check In 8:00 am Warm Up 8:20 am Competition 9:25 am Awards 11:00 am</p> <p>Dreams Huntley Libertyville Northbrook Phenom United</p>	<p><u>Session 6B</u> Sunday <u>Level 3 & 4</u></p> <p>Check In 10:30 am Warm Up 11:15 am Competition 12:20 am Awards 2:00 pm</p> <p><u>All Level 3's</u></p> <p><u>Level 4</u></p> <p>Energym Excel Gym Spot Gym Zone So. Suburban Spring Hill Twistars</p>	<p><u>Session 7B</u> Sunday <u>Level 6</u></p> <p>Check In 1:45 pm Warm Up 2:15 pm Competition 3:30 pm Awards 5:40 pm</p> <p>3D Gymnastics Aerial American Eagle Aurora Turners Elite Sports Energym Excel Flying High Gym Spot GymNasti IGI Twistars</p>	<p><u>Session 8B</u> Sunday <u>Level 6</u></p> <p>Check In 5:15 pm Warm Up 6:00 pm Competition 7:15 pm Awards 9:30 pm</p> <p>Dreams GAR Huntley Libertyville Northbrook Phenom So. Suburban Spring Hill United</p>
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