



*"Helping Children Become Better People"*

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## Twist & Turn Times 2018

### Saturday October 27<sup>th</sup>

#### Session 1

##### Level 3, Xcel Silver, Xcel Gold

Check-in & Stretch	1:00 PM
Timed W/U	1:20 PM
Competition	1:35 PM
Awards	3:00 PM

#### Session 2

##### Level 6-10, Xcel Platinum

Check-in & Stretch	3:30 PM
Timed W/U	3:50 PM
Competition	4:05 PM
Awards	5:50 PM

#### Session 3

##### Level 4,5

Check-in & Stretch	6:15 PM
Timed W/U	6:35 PM
Competition	6:50 PM
Awards	8:30 PM

### Reminders!

No Admission Fee

Please let parents know we will have  
Meet Apparel & Concessions!!!

### LOCATION

Energym Gymnastics  
1715 DeKalb Ave  
Sycamore, IL 60178  
(Behind Carpetland USA)

